



PRE- AND POST-CONGRESS WORKSHOPS

Building Dialogues on Diversity

SIETAR Europa Congress 2019

Title:

Working with cross-cultural issues through a **Transactional Analysis (TA) lens** -
TA tools and concepts to enhance intercultural competence

Length: 1 day | **Price:** 325,00 Euro (incl. 21% VAT)

Min. amount of participants: 8* | **Max. amount of participants:** 18

Facilitators:

Inga Dankert

Karolina Ehretsmann

What to expect:

Working with people from other cultures can be highly creative and energizing as well as challenging, confusing and frustrating. Transactional Analysis (TA), a theory of interpersonal communication, provides a number of concepts and tools to better understand these situations and widen our perspectives.

As Diane Salters (PTSTA) states: "When working with difference TA provides a safe, relatively unthreatening, clear and structured basis for examining personal and group fears, prejudices, perceptions, allegiances and mistrust while simultaneously creating opportunities for contact appreciation, and trust."

Building on the overwhelming feedback received from our last workshops "Resilience: a cultural perspective" and "Opening our "Windows on the world"" at the SIETAR Congresses in 2015 and 2017, this workshop will present further TA concepts which can be applied to the intercultural field.

Our objective is to share TA insights and tools that can facilitate working in a multicultural context e.g. training, working in or leading multicultural teams; working with international clients. After the workshop participants will have a heightened awareness of intercultural issues through a TA lens and be able to use TA tools in their practice.



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The workshop is designed for trainers, facilitators, managers and team members. It will be conducted with a combination of conceptual input, self-awareness and cultural awareness approaches. Facilitation will be done through experiential activities (use of real life experiences will be encouraged), participative discussions and exercises.

After introducing the mindset and philosophy of TA, the following concepts will be discussed and directly applied:

- Contracting
- Frame of reference
- Boundaries
- Cultural Life Positions
- Structural ego-state model
- Functional fluency model

Meet the facilitators:

Inga Dankert is lecturer of Human Resource Management, International Human Resource Management and Leadership at the University of Applied Sciences Osnabrück, Germany. Since 2011 she is an independent executive coach and consultant with a multicultural perspective and a systemic transactionalyst background. Her focus is on the successful collaboration in multicultural contexts.

She brings a systemic qualification in coaching and team facilitation (ISB Wiesloch, Germany), an intercultural training certificate (IKUD, Göttingen, Germany) and a Master degree in Business Management (University of Applied Sciences Osnabrück, Germany). She has completed 4 years of training in transactional analysis in Oxford, Great Britain (TAWorks).

She has several years of professional experience as Human Resource manager in a large multinational German company and a great number of different international experiences abroad. Currently she lives in Hamburg, Germany.



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Karolina Ehretsmann is an executive coach, intercultural facilitator & consultant. She has over 15 years experience in the corporate world in the field of marketing & communications. She also brings a broad international experience to her practice through her multicultural origins (French/Icelandic), her British upbringing and over 11 years of expatriation in the United Arab Emirates, Pakistan, UK and Kenya. In 2013, she founded “Ibasha”, a coaching and intercultural training consultancy.

Karolina holds a Masters in Business (ESC Grenoble), an executive coaching certification (Académie du Coaching) and has completed 6 years of Organisational and Educational Transactional Analysis (ATORG-Paris, TA-Works-Oxford) focused on a systemic and relational perspective.

Fuelled by her experience, insight and curiosity, Karolina endeavours to leverage cultural differences and facilitate human fulfilment by accompanying individuals and groups in the development of their potential.

She is currently living near Paris in France.

* SIETAR Europa's Pre- and Post-Congress workshops have the criteria of the minimum number of attendance in order to take place. In case this minimum number is not reached by May 1st 2019 the workshop will be cancelled.

In case of cancellation of a workshop:

1-Registration fee will be refunded | 2-There is the opportunity to register in another workshop. In case of a different workshop selection the price difference between the cancelled workshop and the new selected workshop will be refunded or will have to be paid depending on the case. Please note, these workshops are NOT included in the SIETAR Europa Congress fees. **Participants register and pay for these workshops separately and in addition to the main congress.**